

**Caldwell County 4-H Development Association  
120 Hospital Ave. - # 1, Lenoir, NC 28645  
828-757-1290**

Caldwell County 4-H is a youth development program consisting of educational projects and group activities. Youth, ages 5-19, develop life skills through a variety of subject areas. The four H's stand for "Head, Heart, Hands, and Health". The goal of 4-H is to help young people develop as individuals and become responsible, productive citizens in their communities. Adult volunteers are the key in making this program successful.

[www.ces.ncsu.edu/caldwell](http://www.ces.ncsu.edu/caldwell)